



Footsteps Program Categories

❤️ **Therapeutic Support** programs are facilitated by a Footsteps social worker.
Ex: Drop-in Group, Seasoned Seekers, Drop-in Group for Parents, Footsteps 1

😊 **Peer Support** programs are facilitated by Footsteps staff who are not professional social workers with the intention of facilitating conversations between attendees to provide mutual support.

Ex: Interfaithless meetup, Student Cohort, LGBTQ+ Cohort

💬 **Social Events** are facilitated by either Footsteps staff, volunteers, or members and provide members with the opportunity to socialize and build community.

Ex: Food crawls, Food and Schmoozes, Luna Park

🎉 **Large Community Events** are often a celebration of the Footsteps community and can be attended by members, staff, and their families/loved ones.

Ex: Celebrating You, Thanksdinner, Winter Party

✍️ **Workshops** are facilitated by a member of the Footsteps community or volunteer who is an expert in their field with the intention of teaching a new skill to attendees.

Ex: Art workshop, Career Workshop, Digital Literacy Workshop